From the Office
Leaves will soon morph into yellow, red, and orange. Your life can also change like the colors of the leaves.

As 2016 comes to an end, this is a great time to reflect: what did I accomplish? What changes do I want to make? What do I want to stay the same? What will I do differently in 2017?

We will find motivation to create new goals, but as quickly as 2016 came and will soon end, 2017 will also pass by just as fast.

So I ask you, what is one FSS goal that you will keep and complete in 2017? I challenge you to be the keeper of your goals. Do not quit. Do not give up.

Please contact me if you would like to brainstorm on your FSS ITSP.

For more info, 530-895-4474 ext. 234.

Avoid mistakes when interviewing for a job
- Some bosses know within **90 seconds** of an interview whether they will hire you.
- Having little to **no knowledge** of the company is a common mistake.
- Majority of bosses say **no eye contact** is a common nonverbal mistake.
- First impression includes how a **person dresses, acts, and walks**.
- Most bosses indicate that **clothes** could be a deciding factor between two almost-identical candidates.
- The **number one question** most likely asked is: “Tell me about yourself”.

Free Holiday Assistance Guide (Call **211** for more info)

**MEALS**
**Chico**
- Jesus Center
- Salvation Army
- Rescue Mission

**Oroville**
- Rescue Mission

**Paradise**
- Magalia Community Church
- Salvation Army/Churches
- St. Nicholas Episcopal Church
- Alliance Church

**FOOD BASKET**
**Chico**
- Azad’s Marital Arts
- Salvation Army

**Oroville**
- Rescue Mission
- Salvation Army

**Paradise**
- Salvation Army
- Feather River Hospital
- St. Thomas More Catholic Church
- Alliance Church

**OTHER PROGRAMS YOU AND YOUR FAMILY AND JOIN:**
- Adopt-a-Family Programs
- Angel/Giving Tree
- Toy Drives
- Low-Cost Christmas Tree
- Heating with wood/firewood permits
Interview check list

2 weeks before the interview
- Get your social security card ready. Call Social Security if you do not have a copy.
- Have your driver’s license/identification card handy. Call the DMV if you need a duplicate license/card.
- Research the company/organization.
- Develop questions you want to ask for the interview.
- Buy or borrow a nice outfit for the interview.
- Practice answering interview questions.

Before you leave:
- Wash, put on deodorant, brush or comb hair.
- Dress appropriately.
- Do not bring gum, cigarettes, smokeless tobacco, or vapors.
- Bring your social security card.
- Bring your driver’s license.
- Bring your qualifications, cover letter, or resume.
- Bring the names of at least three references, their addresses, and phone numbers (be sure to ask your references if it is okay to use their names).
- Read the job description again. Bring a copy to your interview.
- Give yourself plenty of time to get to the interview. Arrive at least 10-15 minutes early.

During the interview:
- Shake hands firmly, smile, be open and friendly.
- Answer each question concisely, respond promptly.
- Use good manners.
- Use good English, avoid slang.
- Be alert, show interest, be enthusiastic.
- Ask intelligent questions about the position and organization.
- Ask for the interviewer’s business card so you’ll know how to spell his/her name.

After the interview:
- Write a thank you card (use business card to correctly spell and address the card).
- Reflect. What will you do differently next time?